

## **Hymn for World Mental Health Day**

*Further hymn suggestions are contained in the separate document 'Hymns, songs & chants'.*

God of dark and of growing places  
In the deep reside with me  
Shadows gently hold and keep us  
Where the warm unknowns may be  
Hearts that fear to truly open, safely dwell in secrecy  
Walk with us in shades of moonlight  
As we share this mystery.

God of dark and of growing places  
God of pierced and strident minds  
When I face the dread of endings  
May your shaded silence shine?  
When desire and love elude me, when the dread of hope I face  
In the cosmic depths of chaos.  
May my seed of life lie safe.

God in dark and of growing places  
God in rich and formless voids  
God in ordered, changing chaos  
God in sorrow and in joy  
When our hearts and minds are breaking, we will dry each other's tears.  
God of seeing and un-seeing  
Of invisible and clear.

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Tune 'Blaenwern' or tune of same meter.