

We are a registered charity wholly supported by donations from guests, visitors, friends, financial partners, churches, local organisations and some grant making trusts.

These donations make your stay here possible as without them we would not be able to continue to run the House. In order for us to be able to offer hospitality to others we ask that you may also consider making a donation towards the costs of maintaining the House for the future.

We understand that giving these amounts may not always be possible for some people and we would be happy to discuss individual circumstances.

If you are a tax payer and can sign a Gift Aid form this will greatly enhance the value of your gift at no extra expense to yourself.



I (*full name*)

of (*address*)

confirm that I am a UK tax payer and I pay income, or capital gains tax, at least equal to the amount of tax to be reclaimed, and that it is my wish to make this and all future donations under the Gift Aid Scheme.

*Signature*

*Amount of gift £*

*Date*

**Holy Rood House & Thorpe House  
Centre for Health and Pastoral Care  
& The Centre for the Study of Theology and Health  
10 Sowerby Road  
Thirsk  
North Yorkshire  
YO7 1HX**

**01845 522580  
enquiries@holyroodhouse.org.uk  
www.holyroodhouse.org.uk**



# Creating Gardens in the Desert

## *RE-TREAT*

### *YOUR-SELF*



AT

# HOLY ROOD HOUSE

THIRSK, North Yorkshire

( MEMBER OF INCLUSIVE CHURCH )



Holy Rood is a great place for a holistic re-treat and Revds Stanley and Elizabeth Baxter and community are looking forward to welcoming members of Inclusive Church. Holy Rood is a member of

Inclusive Church, and is constantly on a learning curve as the community welcomes all kinds of people for all kinds of reasons from across Britain. We accompany many people who find themselves in very difficult situations and desert places. Sometimes groups find their way to Holy Rood to look at the issues of oppression they are facing.

Members of the community are looking forward to sharing their skills so we can face the desert times and create gardens of hope and renewal for our own lives and the life of the churches.

**Elaine Wisdom**, our Art Therapist will be with us with opportunity for those who wish to work with a creative process in the art room that is playful, challenging and liberating.

**Keith** will be offering reflexology, Indian Head Massage or body massage. People may wish to make a contribution to Holy Rood for this.



**Carolyn, Nick and others** will be there to welcome you and **Helen**, a chaplain, living in the community, will be offering a creative writing session, and sharing some of her insights from her book, with the same title as this retreat.



**Elizabeth** will start off our time together on the Friday evening, and will celebrate the Eucharist for us on Sunday morning using one of the communities inclusive liturgies.



**Stanley** will make sure we have wine and conversation flowing freely!



Saturday evening we have a mini-bus trip to the beauty spot 'Sutton Bank'. A flat path for those who are able, high up, with fantastic views, followed by bottles of wine on our return and there are river walks and Thirsk Swimming Pool just over the field in front of the House.

We hope you will enjoy our good home-cooked and abundant food, the gardens, labyrinth, making friends with the goats, the garden chapel, art room, library and the many nooks and crannies that help to make Holy Rood a place to **re-treat your-self and create gardens in the desert.**

front of our two houses.

## BOOKING FORM FOR INCLUSIVE CHURCH RE-TREAT

### Suggested Donation

from Fri 6th May 4pm — Sunday 8th May after lunch

£150 & £160 en-suite \*

For those sharing a room there is £10 each reduction

Please send this form together with a £60 non-returnable deposit to:

Holy Rood House, 10 Sowerby Road, Sowerby, Thirsk YO7 1HX

Name:

.....

Address:

.....

.....Post Code:

.....

Telephone:.....

Email.....

We will arrange to meet a train or coach if necessary;

Time of arrival: Thirsk Station at..... Coach at .....

En-suite if available Δ Share twin with wash-basin & best views Δ

Double en-suite Δ

Please indicate if stairs are a difficulty for you.

SPECIAL DIET Do you have a special diet or other information we need to help make your stay comfortable?

How did you hear about Holy Rood House?.....

Have you been to Holy Rood before?.....

*\*A small bursary may be available*

**If you would like a receipt please send a stamped addressed envelope**